



Ph.D. training seminar « Promote and Explore the Professional Skills of your DOctoral experience »

Promote and Explore
the Professional
Skills

PEPS DOC

of your DOctoral
experience

Being quite often the first professional experience, Ph.D. studies are a gateway to the world of companies, entrepreneurship, or academia.

PEPS DOC proposes to **foster your skills and assets** that you acquired or will be able to gain through your doctoral studies. Guided by a **professional coach** specialized in career development as well as by an expert in **the recruitment** of young doctors, along with feedbacks from Ph.D. holders working in various industrial or academic fields, PEPS DOC aims at **exploring, building, refining and boosting your professional project** through reflection times, individually or in small groups. This also includes useful tools on various thematics to build your project, trainings to better know yourself and build the vision of your project, and enlightening feedbacks to discuss, understand better, and be inspired.

Program

Learn to know yourself

- Your own personal and professional originality
- Our sources (and resources) of creativity
- Your leadership style
- Your decisional model
- Preferred professional Postures
- Your emotional intelligence

Knowledge and tools for better interacting in a professional world

- Expected skills from economical field
- Skills of young Ph.D. holders
- Communication about you and your project
- Build a professional roadmap adapted to your expectations
- Your next actions to go forward

Seminar periods:
May and Nov/Dec

Registration: by mail at
fedora-doc@insa-lyon.fr

*PEPS DOC seminar is a training
equivalent to 20h
(recognized by the doctoral schools)*